

MS AT Trek – Carvers Gap					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Morning Watch	Morning Watch	Morning Watch	Morning Watch	Morning Watch
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Teambuilding	Drive to Carvers Gap, Appalachian Trail	Hiking	White Water Rafting	Alpine Tower
	Lunch	Lunch on Trail	Lunch on Trail	Lunch on River	Lunch
Drop-off @ 3:00	Hike to Cross Rock	Hiking	Finish Hiking	Rafting Continued	Closing Worship / Closing Circle
Move Into Cabins / Intros / Games	Siesta		Drive to Nolichucky River Campsite		Depart @ 2:30
Dinner	Dinner	Dinner on Trail	Campfire Dinner	Dinner	
Welcoming Worship	Pack for Backpacking	Campout on Trail	Campout @ Nolichucky	Ending Worship	
Devo	Campfire		Devo	Devo	
	Devo	Devo			

Key Focus Points:

- Adventure – Alpine Tower, Backpacking, Rafting, Hiking
- Environmental Education – Backpacking, Leave no Trace
- Faith – Morning Watch, Worship, Nightly Devotions