



NovusWay Ministries

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LUTHEROCK SUMMER CAMP 2021

Summer Camp is here, and we are excited that your child will join us for an exciting camp adventure!

Your child will have fun and

- find common ground with diverse friends
- grow in independence, discover gifts and talents and practice new skills
- enjoy creative activities like games, songs, skits, and crafts
- encounter the Living Word and grow closer to Jesus!

We provide a safe environment where college-age counselors act as big brothers and sisters. They care for children and share their witness to the importance of God in their own lives. Our staff members are carefully screened, selected, and trained. We are VERY proud of them. If you'd like to know more about our staff training or risk management procedures, just ask! We are happy to share with you why the American Camping Association accredits our camps.

Camp & COVID-19

As we have moved through this pandemic, we've learned how to welcome guests on-site in life-giving and healthy ways. The past nine months have changed so much in our daily lives: how we gather, how we worship, and how we do school, among other things. We know what hasn't changed is the importance of gathering together and being out in God's good creation. We at NovusWay are therefore all the more excited about Summer Camp 2021. We have missed having you at these sacred spaces.

We know that there will be many questions about what camp will look like for your camper in 2021. Will they need to wear a mask? Will they be able to sing camp songs? Will they be able to do group activities and play games together? In any case, we will continue to follow the latest guidance and safety protocols from the **CDC** and the **American Camp Association**. We will keep you updated regularly on what that will look like for your camper. You can expect monthly

updates leading up to summer camp beginning in January 2021. Look for the most up to date information on our health guidelines and precautions at novusway.org/summer2021.

Addressing Attitude and Concerns

We make the camp experience as happy and worry-free as possible for both parent and camper. If your child is reluctant about coming to camp, keep your conversations with him/her calm and encouraging. Show every confidence that it will be GREAT. (It's true!) Talk over any fears or worries you may have and make a plan. Feel free to call us with concerns and suggestions. Below are some of the typical parent/camper concerns.

Making Friends

Each camper may request only one or two cabin buddies. This way, everyone makes new friends. Counselors use fun and inclusive games and activities that give rise to genuine friendships. We train counselors on bullying issues, so they know how to take preventative action and address inappropriate behavior. Encourage your child to take the lead in including others and reaching out to anyone who may seem shy or quiet.

Homesickness

Many of us miss home when we are away. Help your child see that this is normal but that it doesn't stop camp from being fun. Missing home and learning how to manage those feelings is an essential part of growing up. Camp is a GREAT place to do that. Our top strategies for helping homesick kids are:

1. Keep kids involved in fun and challenging play and in making friends
2. Support and encourage them in sharing their gifts and teaching others.
3. Set short term goals that seem manageable and make the week fly by.
4. Listen and love them ~ LOTS.

Homesickness strategies for parents before camp

Please do not tell your child you will come and get him/her if homesickness strikes! Let your child know that you believe in his/her ability to take this vital step in being away from home and that you trust the camp staff. If your child seems worried, call, and talk with a program director so we can make a plan together. If you get a "missing home" letter from your child, call to ask how he/she is doing. The chances are that by the time you get the letter, things are great. If your child is not eating or sleeping well or is not engaged by Tuesday, a program director will call you.

Unplugging

One of the most significant gifts of outdoor ministry is being away from technology like TV, computers, video games, and, yes, CELL PHONES. Being present to ourselves, each other, and the natural world's beauty is a vital part of the fellowship at camp. The single biggest reason camp experiences are so intense and transformational is that we are away from such distractions. God often speaks through nature and community when we truly pay attention! **Please do not allow or encourage your child to bring a cell phone to camp.** If it is important to talk to your child during the camp week, please call the office, and we'll make arrangements for that to happen.

Camper Health Form

Please use the health form to tell us about particular needs, issues, and delights that will help us know about your child. Examples include divorce or death in the family, if your child loves swimming, is afraid of the dark, etc. The health form is also a place to share information with us about changes your camper is experiencing in their life for which we can be supportive. We want to provide excellent support for your child to have the best camp week possible.

Thank you for sharing your child with us. Having fun and loving God go hand in hand, and camp is all about experiencing the abundant life that Jesus offers. We weave worship, praise, prayer, scripture—and loving each other—into all that we do. Our goal is that campers leave singing Jesus songs and seeing God in everything and everyone.

Please feel free to call or email if you have any questions or concerns. We look forward to welcoming your child to summer camp!

God's blessings,

Deacon Jen Bacher
Lutherock Program Director
jbacher@novusway.org



PARENT & CAMPER INFORMATION TO GET YOU READY FOR CAMP

Health Form

Camper health forms and waivers are due by May 15th, 2021.

If you registered online

- You may complete your health form online by logging back into your account and filling out the health form through our registration portal.
- You will then need to upload a copy of a signed physical from your child's doctor. A signed copy is currently mandatory.
- Once you have submitted your online health form, **you cannot make corrections to it.** Please call our office when medical information changes for your camper.

If you registered over the phone or don't want to use the registration portal

- Visit [Lutherock.org/camper-documents](https://lutherock.org/camper-documents), download the Summer Camp Health Form. If you are reading this PDF online, [click here](#) to go straight to the form.
- To submit the form:
 - Scan and email to camperhealth@novusway.org
 - Fax to **828-687-1600**
 - Or mail to NovusWay Registration, 2049 Upper Laurel Drive, Arden, NC 28704

Helpful Notes for Submitting Health Forms:

- A new health form is required for each year your child registers for camp.
- A physical exam within the last **12-18 months** must be validated on the health form with a physician's signature or a physician-signed copy of the exam. **A copy of a well-check visit is not acceptable unless electronically signed by a physician.**
- If you completed an online health form last summer, your information will prefill for this summer. You only need to update it and submit a new doctor's physical.
- Please include immunization dates.
- Please keep a copy of the health form and any program waivers for your files.
- Per the American Camp Association guidelines, this form will be reviewed by our health care staff before your child arrives at camp.
- We are unable to access physical exams from previous years readily. However, you may attach a copy of last year's physical dated within **12-18 months** of this year's camp week.

- We cannot admit campers on opening day without a completed and signed health form.

If registering after May 15th, 2020, please submit your child's health form & waivers ASAP - at least two weeks before his/her camper week.

All Lutherock staff members hold certifications in Wilderness First Aid & CPR.

General Camp Information

SUNDAY CHECK-IN: 3:30-5:00 pm

Upon arrival at Lutherock, speak with the roadside greeters for check-in information. Roadside greeters will start at 3:30. No early arrivals, please. Scheduled supervision of campers does not begin until 3:30 pm.

If campers must arrive later than 5:00 pm, please call Lutherock at 828-467-1333.

Campers riding the shuttle from Lutheridge to Lutherock should arrive no later than 4:00 pm and meet on the benches in front of Efird Hall at Lutheridge.

SATURDAY CHECK-OUT: 8:30 – 10:00 am

If you must arrive later than 10:00 am, please tell your child's counselor at Check-in. Special arrangements will have to be made, as the scheduled supervision of campers ends at 10 am.

Lutherock campers riding the shuttle to Lutheridge will arrive around 11 am to be picked up at Efird Hall at Lutheridge.

Transportation

Lutheridge to Lutherock Shuttle

For a nominal fee shuttle service is provided on Sunday and Saturday between Lutheridge and Lutherock. The travel time is 90 minutes.

Campers during Camp

During the camp week, most campers have an off-site outing. Transportation will be in a NovusWay owned or leased vehicle with a trained driver, and safety/emergency equipment is on board at all times.

Mail & Communication

Campers LOVE getting mail!

Our camp mailing addresses are at the top of the first page. Please include the camper's full name on the envelope. Post mail to your child *before* their week begins or early in the week (Monday or Tuesday) to ensure its possible delivery. The best mail is cheerful and newsy. Please don't send gum, candy, or food. We will send information regarding email communication before your camp week.

Phone Calls

Calls home promotes homesickness much more than they help and can emotionally pull a camper away from the cabin group. We are working to promote independence and build community. Cell phones are not allowed because they take away from the authentic camp experience. They can also put your camper at risk for behaviors such as sexting or inappropriate internet use. If you need to speak with your camper during the week or if you have questions about this policy, a program director will be happy to make a plan with you and your camper. We have had a Camp Grandma previous summers and plan to have this position back at camp this summer. She is also available to check on your camper and let you know how he/she is doing throughout the week. We'll send her phone number before the camp week.

Lost & Found

Lutherock is not responsible for a camper's lost or damaged personal items. (Please read the guidelines in the Packing List. Do not bring clothing or items that are expensive or irreplaceable.) Our counselors give proper care to all camper belongings; however, clothing or other items can find their way into the wrong suitcase. If you see something missing, please call **828-733-5868 at Lutherock** and give any details to locate the missing items. If we find your item, we will ship it to you via USPS. We will donate to local charities any useful items unclaimed by September 1st.

Spending Money

The registration fee includes lodging, meals, evening canteen snacks, study materials, craft supplies, and program costs. However, campers may want money to use at the Camp Store. Items range in price from \$2-\$40—the Camp Store stocks t-shirts, sweatshirts, souvenirs, etc. Parents are welcome to visit the Camp Store on Saturday morning or Sunday afternoon.

What to Pack

- Sleeping bag & pillow
- 2-3 towels & washcloths
- Soap, shampoo, brush, comb

- Toothpaste & toothbrush
- Warm coat/sweatshirt (Rock evenings)
- Light jacket/sweatshirt (Ridge evenings)
- Raincoat or poncho & headcover
- Shoes—2 pairs: sneakers with treads or closed-toe. Shoes that can get wet are best. Shoes will likely get dirty! Closed-toed shoes are a safety requirement for walking around camp and hiking on the trail.
- Shower shoes or flip flops
- Sturdy clothes that can get dirty or wet
- Swimsuits (2)
- Cards, books, etc. for rest times
- Bible, notebook, pen or pencil
- Flashlight
- Water bottle (refillable)
- Insect repellent
- Sunblock
- Hand sanitizer
- Plastic trash bag (for wet/damp clothing)
- Camera (optional)

Packing Tips

Please do not over-pack! Storage space in camper housing is limited.

Write your child's name on each article of clothing, towels, hats, etc.

Please make certain clothes are in good taste. Shorts should not be too short, and T-shirts should not contain inappropriate language or symbols. Swimsuits must be modest. We will ask that campers change or cover up if clothing is inappropriate.

Outdoor Adventure Programs (OAP) require a few additional items

Backpacking

- Lightweight, packable sleeping bag
- Thin sleeping pad (optional)
- Sturdy, broken-in hiking shoes (either boots or sneakers with treads)

Rafting & Canoeing

- Quick-dry shorts
- Water shoes or sandals that have a heel strap

Rock Climbing & Tower Climbing

- Sturdy, comfortable shorts (not too short)
- Sturdy shoes for climbing (specialized climbing shoes are not necessary; running shoes/hiking boots work fine)

Cycle, Zip, N' Raft

- Mountain bikes and helmets are included so no need to pack those.

What not to bring

Alcoholic beverages, tobacco, and drugs that are not prescribed by a physician are not allowed on camp in possession of campers. Violation of this policy results in immediate dismissal.

Transportation home will be at the expense of the parent/guardian. Do not bring CELL PHONES, food (snacks, gum, candy, or drinks), knives, firecrackers, or similar items to camp. Leave at home hair dryers, curling irons, radios, iPods, MP3 players, Tablets, or other electronic items. Weapons of any kind are not allowed.

Directions to Lutherock

The GPS address for Lutherock is unreliable. Please use these directions.

From I-40, **Western North Carolina** (Asheville)

- Travel I-40 East to exit #72 (Old Fort, US-70)
- Travel US-70 approximately 11 miles - left on US-221 North (at the red light just past Wal-Mart, McDonalds)
- Just over 32 miles on 221 North you will come to stop sign at a "T" intersection. Turn left towards Newland on Highway 181.
- At about 2.5 miles, turn onto Wes Brewer Road – if the road becomes four lanes, you have gone too far-also look for the "Welcome to Newland" sign on the right.
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.
- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
- This is the Lutherock drive – follow the drive over the creek then follow the signs to designated areas.

From I-40, **Central North Carolina** (Hickory)

- Travel US-321 North (to Boone, NC) (approximately 40 miles to right)

- As you pass Blowing Rock, take the Blue Ridge Parkway South toward Linville. After crossing the Linn Cove Viaduct, exit onto 221 toward Grandfather Mountain. Pass the entrance to Grandfather. Cross Hwy. 105—this is still 221. When 221 turns left towards Marion/Pineola, continue straight on NC-181.
- Travel on NC-181 – 2.5 miles, turn onto Wes Brewer Road – if the road becomes four lanes, you have gone too far.
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.
- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
- This is the Lutherock drive – follow the drive over the creek then follow the signs to designated areas.

From I-40/I-85, **Eastern North Carolina (Winston-Salem, Raleigh)**

- Travel US-421 North (toward Wilkesboro) (off of I-40)
- Travel US-421 approximately 48 miles to US-421 BYP and travel approximately 5 miles
- US-421 BYP will intersect with US-421 once again and travel approximately 31 miles
- Turn left on NC-105 Ext, US-221 and go approximately 0.8 miles
- Continue on NC-105 for approximately 17 miles
- Turn right on Newland Highway, US-221 and travel approximately 0.7 miles
- Travel on NC-181 – 2.5 miles, turn onto Wes Brewer Road – if the road becomes four lanes, you have gone too far.
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.
- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
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From **South Carolina (Columbia)**

- Follow I-26 West (to Spartanburg)
- Exit to I-85 North (to Charlotte)
- Exit onto US-221 North
- Travel US-221 - On 221 North you will come to stop sign at a “T” intersection. Turn left towards Newland on Highway 181.
- Travel on NC-181 – 2.5 miles, turn onto Wes Brewer Road – if the road becomes four lanes, you have gone too far.
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.

- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
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From I-81 in **Eastern Tennessee** or **Western Virginia**

- Exit I-81 (at Bristol, TN) onto I-381 to 11E near Bristol, Tennessee
- Take 11E to 19E, following 19E until it becomes Highway 194 (taking you into Newland)
- In Newland, turn left on NC-181
- Travel on NC-181 (approximately 1.5 miles) to left on Wes Brewer Road (right after the road changes from 4 lanes to 2).
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.
- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
- This is the Lutherock drive – follow the drive over the creek then follow the signs to designated areas.

From I-40 **Knoxville, Tennessee**

- Travel I-40 East to I-81 to I-181 (US-23)
- Follow I-181 to US-321
- Follow US-321 to US-19E (to the rights)
- Following 19E until it becomes Highway 194 (taking you into Newland)
- In Newland, turn left on NC-181
- Travel on NC-181 (approximately 1.5 miles) to left on Wes Brewer Road (right after the road changes from 4 lanes to 2).
- Travel Wes Brewer Road 2.2 miles to the fork – take left onto Sugar Mountain Road.
- Travel on Sugar Mountain Road 8/10 mile to left on Camp Luther Road (sign on road for Camp Lutherock).
- This is the Lutherock drive – follow the drive over the creek then follow the signs to designated areas.