



# BLUE RIDGE EXPEDITIONS PACKING LIST



## CAMP LUTHEROCK 2024

### SHOES:

HIKING BOOTS/TRAIL SHOES  
TENNIS SHOES  
WATER SHOES (CHACOS, KEENS, ETC.)

### TOWELS:

BATH TOWEL  
BEACH TOWEL

### TOILETRIES:

SHAMPOO  
CONDITIONER  
BODY WASH  
TOOTHBRUSH/PASTE  
FEMININE PRODUCTS

### CLOTHING:

2 SWIMSUITS  
T-SHIRTS  
SHORTS  
SOCKS  
LONG PANTS  
FLEECE OR SWEATSHIRT  
RAIN JACKET  
LONG PANTS FOR CAVING\*  
LONG SLEEVE SHIRT FOR CAVING\*  
SHOES FOR CAVING\*

### GEAR:

SLEEPING BAG  
PILLOW  
REUSABLE WATER BOTTLE  
FLASHLIGHT OR HEADLAMP  
DAY BACKPACK

### PROTECTION FROM ELEMENTS:

HAT  
SUNSCREEN  
BUG SPRAY  
SUNGLASSES

### BIBLE TIME:

BIBLE  
JOURNAL  
WRITING UTENSIL

### FREE TIME:

BOOK  
CARDS  
COLORING

## SPECIAL NOTES

\*CAVING CLOTHES ARE GOING TO GET VERY MUDDY AND WET! PLEASE BRING VERY OLD ITEMS THAT YOU DON'T MIND MESSING UP!

PLEASE MAKE SURE YOUR SHOES ARE BROKEN IN AND COMFORTABLE BEFORE COMING TO CAMP!

THE WEATHER AT LUTHEROCK CAN BE CHILLY AT NIGHT. PLEASE BE SURE TO BRING SOME WARM LAYERS. CHECK THE WEATHER IN NEWLAND BEFORE COMING FOR THE MOST ACCURATE PREDICTIONS.

WE ARE SO EXCITED TO SEE YOU SOON!

